**Seguin ISD Child Nutrition** 

K – 5th Lunch								
SEPT	FIVIBF	R 20		WHITE OR FAT FREE FLAVORED MILK Unch Meal Prices: <i>"UDENT: ADULT:</i> FREE \$5.00				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
2	3	4	5	6				
<u>*Labor Day*</u>	SALISBURY STEAK	<b>BEAN &amp; CHEESE</b>	<u>CHICKEN</u>	TACO SALAD				
<u>*District Holiday*</u>	Mashed Potatoes Peas & Carrots Brown Gravy, Roll	TOSTADA Seasoned Corn Lettuce & Tomato	PARMESAN Steamed Broccoli Caesar Side Salad	Beef or Chicken Lettuce & Tomato, Cheese, Salsa, Guacamole, Sour Cream				
9	10	11	12	13				
<u>OVEN FRIED</u>	<u>SPAGHETTI &amp;</u>	THE "DUDE"	<u>CHICKEN</u>	<u>SLOPPY JOE</u>				
CHICKEN Mashed Potatoes, Green Beans, Brown Gravy, Roll	MEATBALLS Garlic Toast, Garden Side Salad, Broccoli Normandy	<u>Chicken Fried Steak Sandwich</u> Chili Lime Baby Carrots Tator Tots, Berry Medley	<b><u>NUGGETS</u></b> Herb Roasted Potatoes Seasoned Baked Beans	Curly Fries Mixed Vegetables				
16	17	18	19	20				
<u>CHICKEN</u> <u>TENDERS</u> Roll, Garlic Mashed Potatoes Seasoned Green Beans, Gravy	CHICKEN CRISP UP TACO Street Corn Charro Beans	CHICKEN FRIED CHICKEN Mashed Potatoes Garlic Herb Carrots Roll, Gravy	CHICKEN ALFREDO Garlic Toast Steamed Broccoli Garden Side Salad	OVEN ROASTED CHICKEN Curly Fries Mixed Vegetables				
23	24	25	26	27				
STEAK FINGERS Roll, Southern Green Beans Mashed Potatoes, Gravy	BEEF CRISP UP TACO Charro Beans Lettuce & Tomato	ORANGE CHICKEN Fried Rice Steamed Broccoli	<b>LASAGNA</b> Garlic Toast, Squash & Zucchini, Glazed Carrots	CHICKEN OUESADILLA Southwest Corn Curly Fries				
30	October 1	October 2	October 3	October 4				
CORN DOG Tator Tots Seasoned Green Beans	BEAN & CHEESE TOSTADA Seasoned Corn Lettuce & Tomato	CHICKEN PARMESAN Steamed Broccoli Caesar Side Salad	HOMEMADE MEATLOAF Scalloped Potatoes Peas & Carrots Roll	BEEFY MAC & CHEESE Peas& Carrots Corn on the Cob, Garlic Toast				

## **\*\*MENU IS SUBJECT TO CHANGE\*\***

Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MATADOR GRILL	<u>Crispy</u> <u>Chicken</u> <u>Sandwich</u>	<u>Hot Dog</u>	<u>Pizza Slice</u> Pepperoni & Cheese	<u>Peanut Butter</u> <u>&amp; Jelly</u> <u>Sandwich</u>	<u>Cheeseburger</u>
SALADS	<u>Popcorn</u> <u>Chicken</u> <u>Salad</u>	<u>Chicken</u> <u>Bacon Ranch</u> <u>Salad</u>	<u>Crispy</u> <u>Chicken Chef</u> <u>Salad</u>	<u>Shredded</u> <u>Chicken</u> <u>Cobb Salad</u>	<u>Ham</u> <u>Chef Salad</u>

## \*All Students Receive FREE Breakfast and Lunch\*





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